

Creative Saturdays

Services description

March 29 to June 14, 2025

A preliminary meeting will be held with each person to establish objectives and form the groups.

REGISTRATION: Open on March 5, 2025, and until groups are filled.

For registrations, please fill out the form on our website and send it to the following contact.

Schedule subject to change according to demand. For more information, please contact:

Anna Stengel: (514) 345-8330 ext. 205 | annas@goldlearningcentre.com

<https://www.miriamfoundation.ca/en/innovation/creative-arts.html>

***Closed on Passover (April 12), Easter (April 19) and Victoria Day (May 17)**

DESCRIPTION OF THE SERVICES OFFERED

Music Exploration

For 3 to 11 years old

Rhythms, melodies, movements, lyrics, vibrations and so much more! Evidence-based musical/sensory experiences can support learning and development in children with neuro-developmental uniqueness. Engaged in listening, playing, singing, moving, music & art-making with peers following different themes, children can enhance capacity of speech, constructive interaction, self-confidence, emotional stability, motor coordination, and cognitive skills, all while having fun!

For children from 3 to 11 years old, with mild to moderate support needs.

Schedule and Fees:

- \$15/45 min session
- Total for 9 weeks: \$135
- In group from 1:00 to 1:45 pm

For 12 years old and +

Music is a neurologic language and a form of creative expression that helps our brain to learn, regulate, soothe, and change. Engaged in holistic music experiences through listening, singing, feeling, moving, and music-making with peers, all enriched by various forms of creative art and movement, participants can safely explore and enhance their self-confidence, autonomy, emotional stability, capacity of constructive interaction, setting boundaries, and more.

For those over 12 years old, with mild to moderate support needs.

Schedule and Fees:

- \$15/45 min session
- Total for 9 weeks: \$135
- In group from 3:15 to 4:00 pm

 **Visual Arts****For 3 to 11 years old**

The first workshop will be an opportunity to get to know the children, what they like, and what they can do together.

Mediums used: gouache, oil pastels, wax crayons, collages.

Each workshop will have a different theme and a different medium proposed, which the children will be free to follow/use.

The artist will adapt to the child's wishes and abilities, encouraging him/her/them to explore different techniques.

The objective is to let children express their own creativity and at the same time bring them to discover new ways. And to have fun!

Schedule and Fees:

- \$15/45 min session
- Total for 9 weeks: \$135
- In group from 2:00 to 2:45 pm

For 12 years old and +

The first workshop will be an opportunity to get to know the participants, what they like and where we can go together.

Mediums used: gouache, oil pastels, wax crayons, collages and graphite.

Each workshop will have a different theme and a different medium proposed, which the participants will be free to follow/use.



We will have drawings from observation, using flowers, portraits of other participants, etc. The artist facilitator will adapt to the participants' wishes and abilities, encouraging them to explore new techniques.

The objective is to let participants express their inner artist, and at the same time bring them to discover different ways of creating. And to have fun!

Schedule and Fees:

- \$15/45 min session
- Total for 9 weeks: \$135
- In group from 4:15 to 5:00 pm